


**The Journey to JAKs**  
**IN ALOPECIA AREATA**  
*Looking Back and Looking Ahead*

THURSDAY  
MARCH 16, 2023  
NEW ORLEANS, LA

AMERICAN HAIR RESEARCH SOCIETY  
NORTH | CENTRAL | SOUTH AMERICA 

**#JAKs2023**

# Thank you to our corporate supporters!

## Platinum:



## Silver:



Educational grant received from Pfizer

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- Alopecia Areata Center for Research Translation (AACORT)
- Australasian Hair and Wool Research Society
- Chinese Hair Research Society
- Columbia University Medical Center
- European Hair Research Society
- Korean Hair Research Society
- Locks of Love
- National Alopecia Areata Foundation (NAAF)
- Russian Hair Research Society
- The Society for Hair Science Research
- Ukrainian Hair Research Society

### **American Hair Research Society**

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# The Journey to JAKs in Alopecia Areata Program Outline

<b>10:00AM-10:45AM</b>	Arrival/Check-in
<b>10:45AM-11:00AM</b>	<b>Welcome and Opening Remarks</b>  <u>Co-Chairs:</u> Wilma F. Bergfeld, MD, Cleveland Clinic Angela M. Christiano, PhD, Columbia University Maria K. Hordinsky, MD, University of Minnesota Antonella Tosti, MD, University of Miami  <b>Remarks from Pfizer</b> Andrew Thorpe, PhD  <b>Remarks from Lilly</b> Najwa Somani, MD
<b>11:00AM-12:15PM</b>	<b>Session 1: The Journey to JAKs</b> Moderator: John T. Seykora, MD, PhD, University of Pennsylvania
11:00AM-11:20AM	<b>Landscape of Treatment Options in AA: Before JAKs</b> Tiffany Mayo, MD, University of Alabama
11:20AM-11:40AM	<b>Emergence of JAK inhibitors in the Treatment of Alopecia Areata</b> Maria K. Hordinsky, MD, University of Minnesota
11:40AM-12:20PM	<b>International Perspectives on Alopecia Areata Treatment</b> Daniel Asz Sigall, MD   Mexico Isabella Doche, MD, PhD, University of São Paulo   Brazil Yuliya Ovchaneko, MD, PhD   Ukraine Lidia Rudnicka, MD, PhD   Poland Sergio Vano Galvan, MD, PhD   Spain
12:20PM-12:45PM	Go through lunch buffet
<b>12:45PM-1:30PM</b>	<b>Keynote Talk: Clinical Pearls from Derm/Rheum Diseases</b> Alisa Femia, MD, NYU Grossman School of Medicine

<b>1:30PM-2:45PM</b>	<b>Session 2: Clinical Pearls Part I: Integrating JAK Inhibitors into Patient Care</b> Moderator: Maria K. Hordinsky, MD, University of Minnesota
1:30PM-1:45PM	Jerry Shapiro, MD, New York University
1:45PM-2:00PM	Amy McMichael, MD, Wake Forest University
2:00PM-2:15PM	Valerie Callender, MD, Glenn Dale, MD
2:15PM-2:30PM	Antonella Tosti, MD, University of Miami
2:30PM-2:45PM	<b>Open Discussion and Q&amp;A</b>
<b>3:00PM-4:30PM</b>	<b>Session 3: Clinical Pearls Part II: Integrating JAK Inhibitors into Patient Care</b> Moderator: Neil S. Sadick, MD, Weill Cornell Medical College
3:00PM-3:15PM	Paradi Mirmirani, MD, Kaiser Permanente, Vallejo, CA
3:15PM-3:30PM	Natasha Mesinkovska, MD, PhD, University of California
3:30PM-3:45PM	MaryAnne Senna, MD, Beth Israel Lahey Health
3:45PM-4:00PM	Wilma F. Bergfeld, MD, Cleveland Clinic
4:00PM-4:30PM	<b>Open Discussion and Q&amp;A</b>
4:30PM-4:45PM	Break
<b>4:45PM-6:30PM</b>	<b>Session 4: What's Needed? What's Next?</b> Moderator: Antonella Tosti, MD, University of Miami
4:45PM-5:05PM	<b>Developing Treatment Guidelines for Alopecia Areata</b> Elise A. Olsen, MD, Duke University
5:05PM-5:25PM	<b>Managing Patient Expectations in the Era of JAK Inhibitors</b> Kristina Gorbatenko-Roth, PhD, University of Wisconsin-Stout
5:25PM-5:45PM	<b>Developing Outcome Measures for Alopecia Areata</b> Arash Mostaghimi, MD, MPA, MPH, Brigham and Women's Hospital
5:45PM-6:30PM	<b>Panel Discussion</b> <u>Moderators:</u> Maria K. Hordinsky, MD, University of Minnesota Elise A. Olsen, MD, Duke University
<b>6:30PM-6:45PM</b>	<b>Closing Remarks</b>

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## VIRTUAL MEETING & ON-DEMAND MEETING ACCESS

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1. **Visit the site:** To access the virtual meeting attendees should go to:  
<http://journeytojaks.com/>
2. **Create an account and log in:** Follow the instructions on the home page to create an account. Be sure to enter your first name, last name, and the email address used when registering for the meeting.
3. **Join the live stream:** During the live meeting date, March 16, 2023, attendees can click to view a live stream of the educational sessions.
4. **Access the recordings:** Following the live meeting the recordings will be available at the same site. Recordings will be available through September 30, 2023.

### General Information

#### MEETING LOCATION

Hilton New Orleans Riverside Hotel  
2 Poydras Street  
New Orleans, LA, USA  
Jefferson Ballroom (Level 3)

**REGISTRATION DESK HOURS:** 10:00AM-7:00PM, located outside of the meeting room

**OFFICIAL LANGUAGE:** The official language of the meeting is English. Simultaneous interpretation will not be available.

**MEETING ATTIRE:** The attire for the educational sessions and social events is business.

**PERSONS WITH DISABILITIES:** The AHRS fully complies with the legal requirements of the Americans with Disabilities Act (ADA) and the rules and regulations thereof. If any participant in this educational activity is in need of support services, please notify the AHRS headquarters office at 1-630-578-3991 or [info@americanhairresearchsociety.org](mailto:info@americanhairresearchsociety.org) as soon as possible, and preferably before March 1, 2023.

**PHOTOGRAPHY & VIDEO RECORDING POLICY:** Photos are permitted without a flash. Video recording is strictly prohibited in the educational sessions. This includes photos and videos taken with cellular phones. Violators will be dismissed from the meeting.

**CELLULAR PHONE POLICY:** Attendees are asked to either turn off or vibrate cellular phones.

## **Continuing Medical Education Information**

The meeting is not sanctioned for CME PRA Category 1 Credits. However, the meeting will comply as much as possible with the policies and best practices of the Accreditation Council for Continuing Medical Education.

All individuals in a position to control the content of the activity, including speakers and authors, moderators, and planning committee members, will properly disclose relevant financial relationships with any commercial interests pertinent to their talk or the subject of the meeting.

### **TARGET AUDIENCE**

#### **WHO WILL BENEFIT FROM ATTENDING**

The target audience for the Alopecia Areata Summit includes dermatologists who practice in a clinical setting treating patients who suffer from hair loss disorders, including alopecia areata.

Other attendees will include pediatricians, nurse practitioners, physician assistants, nurses, and other clinical providers who have the potential to affect the outcomes of patients with alopecia areata.

Additionally, the audience will include a wide range of research scientists with an interest in hair, hair loss, and hair loss disorders.

### **LEARNING OBJECTIVES**

As a result of participating in this activity, attendees should be able to:

- Explain the JAK signaling pathway and the mechanism of action of JAK inhibitors on alopecia areata, including the immune response and effects on T cell populations.
- Understand the landscape of JAK inhibitors, specifically, differentiate between JAK 1, 2, 3 and Tyk2, and list the FDA-approved JAK inhibitors, including their type(s) with their indications.
- Discuss current clinical trials with JAK inhibitors for the treatment of alopecia areata.
- Discuss the current research in genetics including results of genome-wide association studies (GWAS), and associations with related autoimmune diseases.
- Evaluate the classical treatments of alopecia areata, as well as JAK inhibitors, including an understanding of efficacy, safety, side-effects and risk/benefit of each modality.
- Review the treatment of alopecia areata in specific body sites, such as eyebrows and eyelashes, beard, and nails.
- Design a personalized first and second line treatment plan for alopecia areata patients.
- Improve patient communication in talking about new therapies, including speaking with parents of children with alopecia areata.

### **EVALUATION SURVEYS, PRE-TEST AND POST-TEST**

We kindly request that you complete the evaluation survey that will be sent via email immediately following the meeting. You will also receive an outcomes survey three months after the conclusion of the program. Your feedback is valuable to us! We make changes to our programs based on your comments. Please complete the pre-test and post-test that are emailed as well. Thank you.

## **About AHRS**

The AHRS began as, “The North American Hair Research Society (NAHRS)” in 1989 by a group of dermatologists committed to furthering research in hair-related disorders. They had identified a need for an organization that supported hair research and were determined to fulfill it. The benefits of the interactions among clinicians, pathologists, clinical investigators, and basic scientists were of paramount importance.

Over the past decades, the connection between clinical and basic researchers interested in hair biology has nurtured the organization. In 2016, there became an apparent increased interest by Central and South American colleagues, and a “Pan Am Work Group” was established. In 2017, the NAHRS, which was previously focused in the U.S. and Canada, formally expanded to, “American Hair Research Society (AHRS)” – the hair research society representing all of the Americas. In 2018, AHRS added to its meeting calendar sessions at CILAD, RADLA, and other prestigious meetings in Latin America.

### **MISSION**

- To strongly encourage and promote scientific research in the field of the normal and disordered hair growth.
- To promote dissemination of state-of-the-art knowledge on hair biology and medical hair disorders.
- To promote interdisciplinary interaction between basic scientists and clinicians through regular meetings, publications and innovative communication.
- To establish links with other international hair research societies and to arrange combined meetings on a periodic basis.
- To educate both our colleagues and the public on hair biology and the pathophysiology and treatment of hair related conditions.

### **BOARD OF DIRECTORS**

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